

The Comfort in their Journey Book Series

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Reviewed by Susanne White

Trish Laub has chronicled her caregiving journey in three insightful books that work wonderfully when read together. *A Most Meaningful Life: My Dad and Alzheimer's* offers a look at caring for someone with Alzheimer's from the inside. Trish offers useful information and effective strategies from her personal experience caring for her Dad. *Through the Rabbit Hole: Navigating the Maze of Providing Care* is an extensive guide covering all aspects of caregiving at various stages of care. So much is covered here that anyone new to Caregiving will gain great insight and knowledge. *Peaceful Endings: Guiding the Walk to the End of Life and Beyond* is a thoughtful handbook that shines a beacon on the end of life process and beyond, directing its readers to best life practice and knowing what to expect. It's comforting to have all this information at your fingertips.

A Most Meaningful Life: My Dad and Alzheimer's

<https://www.amazon.com/Most-Meaningful-Life-Alzheimers-Comfort/dp/1732200602>

Through the Rabbit Hole: Navigating the Maze of Providing Care

<https://www.amazon.com/Through-Rabbit-Hole-navigating-providing-ebook/dp/B07N7S3YF2>

Peaceful Endings: Guiding the Walk to the End of Life and Beyond

<https://www.amazon.ca/Peaceful-Endings-Guiding-Walk-Beyond/dp/1732200610>